

Turner Taekwondo

Yellow Belt - 8TH Kup

PATTERN DAN GUN TUL

No. OF MOVEMENTS 21

No. OF STANCES 3

INTERPRETATION Dan Gun is named after the Holy Dan Gun, the legendary founder of Korea in the Year 2333BC.

signifies the plants growth as the Tae Kwon Do seed begins to develop, so the student's skill develops.

GREEN

KNIFE HAND GUARDING BLOCK
SONKAL DAEBI MAKI

TWIN FOREARM BLOCK
SANG PALMOK MAKI

KNIFE HAND SIDE STRIKE
SONKAL YOP TAERIGI

RISING BLOCK
CHOOKIO MAKI