

Turner Taekwon-Do CIC

Red Stripe 3rd Kup

PATTERN	TOI GYE
No. OF MOVEMENTS	37
No. OF STANCES	4
INTERPRETATION	Toi Gye is the pen name of the noted scholar Yi Hwang (16 th century A.D.), an authority on neo-confucianism. The 37 movements of this pattern refer to his birthplace on a 37 degree latitude and the diagram represents scholar.
READY POSITION	CLOSED READY STANCE 'B' MOA JUNBI SOGI 'B'

TOI GYE TUL

CLOSED READY STANCE B
MOA CHUMBI SOGI B

UPSET FINGERTIP THRUST
DWIJIBO SONKUT TULGI

WAIST BLOCK, BACKFIST STRIKE
HORI MAKI, DUNG JOOMUK TAERIGI

X FIST PRESSING BLOCK
KYOCHA JOOMUK NOOLO MAKI

W BLOCK - **SAN MAKI**

DOUBLE FOREARM PUSHING BLOCK
DOO PALMOK MIRO MAKI

GRASP / KNEE KICK
GAPCHI / MOORUP CHAGI

FLAT FINGERTIP THRUST
OPUN SONKUT TULGI