

Turner Taekwon-Do CIC

PATTERN HWA RANG TUL

No. OF MOVEMENTS 29

No. OF STANCES 6

INTERPRETATION Hwa Rang means “flowering youth”, and is named after the Hwa Rang youth group which originated in the Silla Dynasty about 1350 years ago. This group eventually became the driving force for the unification of the three kingdoms of Korea. The 29 movements refer to the 29th Infantry Division, where Tae Kwon-Do developed into maturity.

READY POSITION CLOSED READY STANCE ‘C’

MOA JUNBI SOGI ‘C’

BLACK

Kwon-do. Also indicates the wearers imperviousness to darkness and fear

Opposite of White, therefore signifying maturity and proficiency in Tae

CLOSED READY STANCE C
MOA CHUMBI SOGI C

PALM PUSHING BLOCK
SONBADAK MIRO MAKI

UPWARD PUNCH
OLLYO JURIGI

DOWNWARD KNIFEHAND STRIKE
NAERYO SONKAL TAERIGI

VERTICAL STANCE
SOOJIK SOGI

L STANCE, OBVERSE PUNCH
NIUNJA SOGI, BARO JURIGI

SIDE ELBOW STRIKE
YOP PALKUP TAERIGI

CLOSED STANCE, MIDDLE BLOCK/WAIST BLOCK
MOA SOGI, KAUNDE MAKI/HORI MAKI